

CASH GENERATING HABITS



THAT STICK

**HOW TO CREATE 2 NEW HABITS
& A NEW COMFORT ZONE
WHICH GENERATES CASH IN 90 DAYS!**

HOW TO CREATE 2 NEW HABITS & A NEW COMFORT ZONE WHICH GENERATES CASH IN 90 DAYS!

HABIT 1. OVERRIDE FEAR & CONTROL EMOTIONS

(IMMEDIATELY) *SO YOU CAN TAKE ACTION IN SPITE OF FEAR OR ANYTHING YOU HATE*

(LONG TERM) BUILDING A PERMANENT HARD WIRED DOERS MIND PATTERN

HABIT 2. AUTOMATE ACTION FOR INCOME GENERATION

How well you control emotions and override fear is correlated with your bank account, because of the amount of action, you take, the quality of action you take and how consistently you take action...

By the end of the training, (The 7 Brain Hacks & Execution) will be hard wired into you, and you will begin using them to earn yourself, REAL money, and have a blast doing it...

This program is not an "all at once" training. Some things can be "crammed" and learned in a day. But creating permanent habits isn't one of them. Shame, but it is what it is. So that's why we'll be spending the next 90 days together because we want to **create change that sticks...**

If you follow the instructions here to the letter. You will without question, develop the beliefs and habits that will allow you to recoup all the money you've spent on all the courses you've brought up until now and from every single one you will ever invest in, in future. You will be laser focused on your business growth and you'll break through your negative thought patterns that are sabotaging behaviours and emotions.

We will have you focused on the critical things that you should be doing every day instead of the trivial things that are wasting your precious time. When you focus on the activities that give you the highest impact and income, you're able to generate optimum levels of revenue

So the training is intentionally broken down into 10 sessions released every 9 days. And each session you learn ONE new money generating habit and how to implement it in your life.

You then get the entire next 9 days to practice that habit and develop it into a muscle... This means each week you are only practicing one thing – and that's why this training is so effective.

We are literally building your money making habits as you go through this program, because each week builds off the previous week, so you never get overwhelmed and you are implementing the program as you go through it.

Invest just 30min or so every 9 days working with me on creating your new money making habits and implement what you learn in your life and business...

My PROMISE is that if you install these 2 new habits, that you will annihilate procrastination in 90 days and take massive action relentlessly automatically! It will be 2nd nature to you!

Now let me just set some realistic expectations here, for those addicted to fantasies among us. I'm not saying you'll make a fortune in 90 days. I'm saying you will have formed the HABITS in 90 days which generate money and consistency will create your fortune AND the bonus is doing so will be more comfortable. The money will come when you're ready and it will come! And that depends on where you are in your business. If you already have a functioning business, then it's likely you will see a spike in revenue... before 90 days!

HOW TO CREATE 2 NEW HABITS & A NEW COMFORT ZONE WHICH GENERATES CASH IN 90 DAYS!

If you already have a product but no marketing in place, it could take longer! If you have no business, no product/service, it will take even longer! I just want to make sure you have realistic expectations here...

The key is to stay committed and consistent. Wherever you are and once you have the right components in place. Then these habits will be bringing you money for years to come... So get ready for it, because when it rains, it pours. And that's exciting!

It's only going to happen with consistent action, which is why we are building habits, so that we take action, whether we feel like it or not, it's just natural to us..

So as I've mentioned... I just want to remind you, what you may experience when building these 2 habits over the next 90 days and this can vary slightly from person to person. It may happen quicker for others slower for others... But the curve is generally the same! The time line is the only difference...

When starting the creation of a habit, you're excited and optimistic, but things quickly change, as your system goes into resistance...

Days 1-10: Optimism retreats and your old comfort zones try to defy the new habit's formation.

Days 10-20: The old comfort zone's resistance starts becoming accustomed to the change!

Days 20-30: Your brain sees this activity is being demanded of you regularly and it starts to make it more efficient. Automaticity starts to kick in, and it becomes a natural part of you!

Days 30-60-90: You form a super thick neural circuit of this habit, it becomes solidified. This is where less and less thought is required. You go from becoming consciously competent to unconsciously competent. It will be the way you naturally operate.

- We'll cover how to design a habit that "takes root" and becomes a natural part of your routine, so you automatically do it every day.
- You'll also learn how to make sure you get yourself to do what you need to do every day, so it accumulates, accrues, builds on top of previous success

So... to get the most out of this 90 day blueprint go through, the CORE Modules 1-3 and the bonuses first. This gives you the foundation to build your cash generating habits on. The mind-set, the right think. You have full access, to everything, there's no time delay, that can be consumed all at once, Make sure you go through them in order, as each session builds upon the last one.

Then start the 90 day training... I WARN you it's going to be full on and SUPER Intense! This 90 day training assumes you have completed modules 1-3, it won't make sense to you otherwise! So if you don't already have a 1 Clear Vision 2 Chunked (reverse engineered) 3 your core values. The core values of those you want to serve. HOW they want to be served! You're gonna be lost. You won't have the right foundation to build the specific cash generating habits customised to you;

HOW TO CREATE 2 NEW HABITS &

A NEW COMFORT ZONE WHICH GENERATES CASH IN 90 DAYS!

and it certainly won't develop into a default comfort zone for sure! So complete the core modules first, do the exercises and then come back here and build those habits which create cash for you naturally and automatically!

HABIT 1. OVERRIDE FEAR & CONTROL YOUR EMOTIONS

(IMMEDIATELY) SO YOU CAN TAKE ACTION IN SPITE OF FEAR OR ANYTHING YOU HATE

STOP Collecting Info START CREATING INCOME

Is this info immediately beneficial to the Outcomes I want In the Next 24 hours?

(Yes USE It Now | No Archive or Ignore)

IS WHAT I'M DOING RIGHT NOW GOING TO MAKE ME MONEY?
WHAT WILL HAVE THE BIGGEST IMPACT THE FASTEST?

- X NO Product/Service | **SURVEY PEOPLE AND CREATE PRODUCT** (Accept Orders In Advance!)
- ✓ Product/Service | **CREATE SALES MATERIAL**
- ✓ Product/Service, Sales Material | **MARKET SALES MATERIAL**
- ✓ Product/Service, Sales Material, Market Sales Material | **OPTIMIZE SALES MATERIALS**
- ✓ Product/Service, Sales Material, Market Sales Material, Optimize | **CREATE UPSELLS**
- ✓ Product/Service, Sales Material, Market Sales Material, Optimize, Create Upsells |
MAXIMIZE EXPOSURE, JV, SEO, PPC, Social Media, Publications, Direct Mail, Radio/TV
PICK ONE HIT IT HARD! Then move on to the next, (consider done for you service).
- ✓ **FOLLOW UP, CREATE NEW PRODUCT/SERVICE**

4 STEPS SYSTEM IN 5 MINUTES

Whenever Negative Emotions Scare You, Follow These Steps to **MASTER** Your Emotions:

RECOGNISE | I'M HAVING A NEGATIVE EMOTION TRYING TO KEEP ME COMFORTABLE,
FEAR IS JUST A ELECTRICAL/CHEMICAL SIGNAL IN MY BRAIN (IT WILL LAST 90SEC)

REFRAME | (READ DUTY METHOD) (5 QUESTIONS) (I AM TESTING TO FIND WHAT WORKS, THEN OPTIMIZE)
FAILURE IS WHAT I WANT, IT'S AWESOME, IT WILL GET ME TO WHERE I WANT! FEAR IS A GREEN LIGHT INDICATING MY NEXT
STEP! REMEMBER COMFORT IS THE ENEMY OF ACHIEVEMENT

RELEASE | TAKE 10 DEEP BREATHS TO RESET THE CHEMICALS IN YOUR BRAIN. YOU FEEL DIFFERENT.

RETRAIN | REMOVE TIME (DO THE INCOME GENERATING ACTIVITY IMMEDIATELY) DON'T THINK, DON'T PLAN, JUST DO IT!
WITHIN 5 MINUTES OF STARTING YOU'LL ACTUALLY FEEL LIKE DOING WHAT YOU'RE DOING AND YOU'LL CONTINUE!

(LONG TERM) BUILDING A PERMANENT HARD WIRED DOERS MIND PATTERN

Programme Yourself With The **DOERS** Mind Pattern

LISTEN TO EPIC SECRET & ACCELERATED FEAR FORMULA | ONCE A DAY 90 DAYS

READ DUTY METHOD | MORNING, EVENING, EVERY TIME YOU FAIL FOR 15 MIN & EVERY TIME YOUR SCARED

WRITE GOALS DOWN | MORNING & EVENING, EVERY TIME YOU FAIL

VISUALISE EMOTIONALLY | MORNING & EVENING

HOW TO CREATE 2 NEW HABITS & A NEW COMFORT ZONE WHICH GENERATES CASH IN 90 DAYS!

HABIT 2. AUTOMATE ACTION FOR INCOME GENERATION

1. PICK CASH GENERATING HABIT!

Choose The specific action steps of new the cash generating habit you know will have the biggest impact the fastest!

2. Identify what step you'll need to take to MAKE SURE you actually do your habit every day

You have to set things up so that you DO this new habit every day, at the same time so that it takes root, and becomes a part of you.

Do new habits early in the day, when you still have willpower. The OPTIMUM Time of Day To Create A NEW Cash Generating Habit Which Lasts, Do every day at same time!

Set up your environment to make success **automatic** - and **inevitable**. By identifying what you will need to do to create an environment where you'll be able to do your habit successfully - what you'll need to add, and what you'll need to remove.

AUTOMATIC | Put a reminder somewhere that you'll see every night before bed, and first thing in the morning when you wake up - to get you on the right track. If you do this, cash generating will be your new comfort zone in 30 days, if you do this 60-90 days it will become automatic!

INEVITABLE | Promise someone something you would hate to give away maybe \$1,000 if you don't prove to them you have done the exercise every day for 30-90 days!

OUTCOME TODAY

Focus on the Ultimate Destination AND The IMMEDIATE Next Step!
Will Doing This Attract 1,300 Visitors Today?

1. Write the top outcomes you want accomplished today (the night before).

2. Do them/Delegate them.

3. Colour them in, visually see progress.

4. The things that don't get done. Get put on tomorrow's list!

HOW TO CREATE 2 NEW HABITS & A NEW COMFORT ZONE WHICH GENERATES CASH IN 90 DAYS! FORMING A HABIT IS LIKE LAUNCHING A SPACE ROCKET

When starting the creation of a habit, you're excited and optimistic, but things quickly change, as your system goes into resistance.



Days 1-10: Optimism retreats and your old comfort zones have try to defy the new habit's formation.

In the beginning, you need a lot of extra energy to overcome the gravity of your original habits. At lift off the space rocket uses about 70% of the fuel is used at take-off. It's the same Overcoming the Gravity of your Old Habits"...

Days 10-20: The old comfort zone's resistance starts becoming accustomed to the change! This is the point where you get free from the pull of your old habits "Escape Velocity."



Days 20-30: Your brain sees this activity is being demanded of you regularly and it starts to make it more efficient. Automaticity starts to kick in, and it becomes a natural part of you!

Now once the space shuttle is in space there is little to no gravity to contend with and the shuttle requires a lot less fuel and energy to manoeuvre around compared with lift off! And it's the same with forming good cash generating habits!



Days 30-60-90 You form a super thick neural circuit of this habit, it becomes solidified. This is where less and less thought is required. You go from becoming consciously competent to unconsciously competent. It will be the way you naturally operate.

Now it goes without saying... What you may experience when building these 2 habits over the next 90 days can vary slightly from person to person. It may happen quicker for others slower for others... But the curve is generally the same! The time line is the only difference...

HOW TO CREATE 2 NEW HABITS & A NEW COMFORT ZONE WHICH GENERATES CASH IN 90 DAYS!

HABIT 1. OVERRIDE FEAR & CONTROL YOUR EMOTIONS HABIT 2. AUTOMATE ACTION FOR INCOME GENERATION

90 DAYS | TEN (30-60min) SESSIONS | RELEASED EVERY 9 DAYS



BEGIN A NEW PART OF A CASH GENERATING HABIT & PRACTICE FOR 9 DAYS... WHILE KEEPING THIS GOING
BEGIN PRACTICING THE NEXT PART OF THE CASH GENERATING HABIT FOR THE NEXT 9 DAYS! COMPOUNDING
DISCIPLINE UPON DISCIPLINE... UNTIL A NEW COMFORT ZONE IS FORMED!

SESSION 1: Days 1-9 The Science of Forming a Habit Routine!

SESSION 2: Days 9-18 The Champion's State of Mind

SESSION 3: Days 18-27 Dream Again

SESSION 4: Days 27-36 Set Monster Goals

SESSION 5: Days 36-45 What It Really Takes

SESSION 6: Days 45-54 Obsession Is A Gift

SESSION 7: Days 54-63 Go 'ALL In'

SESSION 8: Days 63-72 Excuses

SESSION 9: Days 72-81 Haters & Fear of Success

SESSION 10: Days 81-90 Omnipresence

Income Generation BECOMES Your NEW Comfort Zone