

# THE 3 MOST IMPORTANT HABITS TO MANIFEST THE EPIC LIFE



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## RICH WEALTH

- I. EARN MONEY  
(MONEY 3 FREEDOM ONLINE BUSINESS)
- II. KEEP MONEY  
(DELAY GRATIFICATION)
- III. MULTIPLY MONEY  
(PASSIVE INCOME)

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## RIPPED HEALTH

- I. NUTRITION  
(PLANT BASED + WATER)
- II. EXERCISE  
(RESISTANCE + CARDIO)
- III. REST  
(8 HOURS SLEEP + 1 DAY A WEEK)
- IV. HAPPY MIND  
(FORGIVENESS + TRUST GOD)

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## RIDICULOUSLY HAPPY

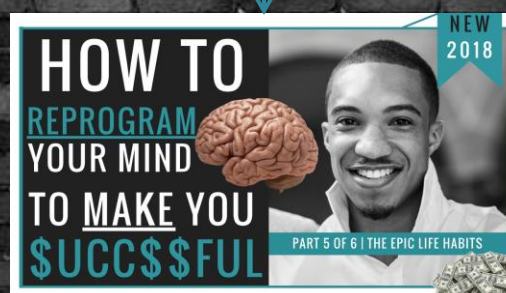
- I. 3 FREEDOMS  
(FINANCIAL | TIME | LOCATION)
- II. FULFILMENT  
(SELFLESS SERVICE FOR OTHERS)
- III. HOBBIES  
(DEVOTED TIME TO WHAT YOU LOVE)

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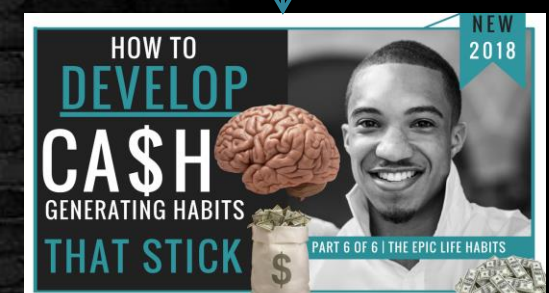
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