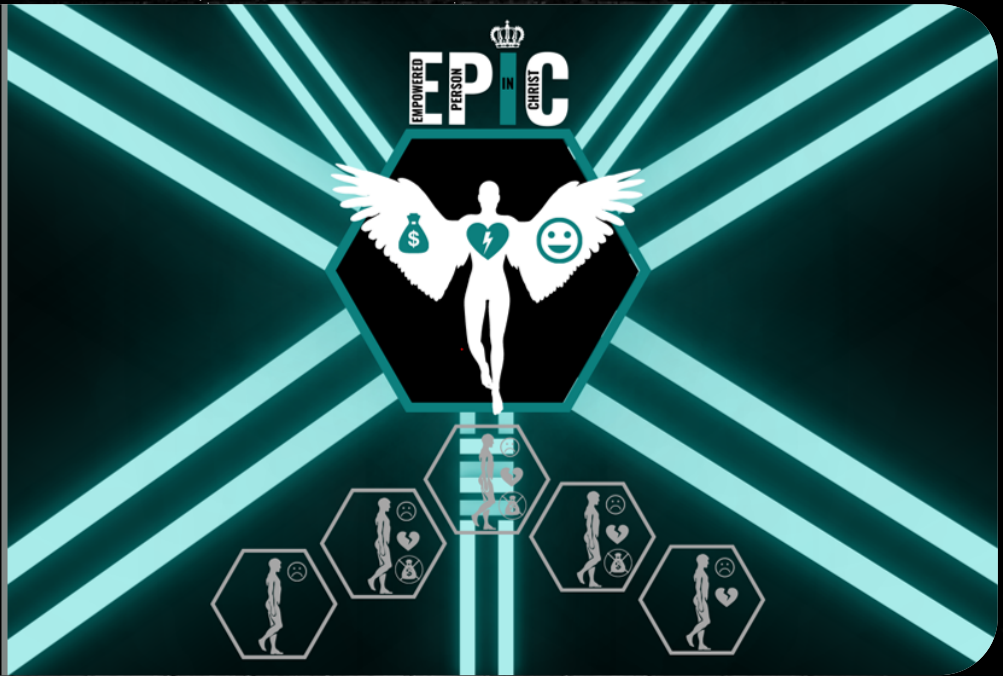


EPIC

ME 2.0

THE EPIC LIFE
X-ACCELERATOR



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In this exercise we will:

Design the EPIC Version of Yourself

You can borrow traits from people you see as a good role model they can be famous or someone you admire.

This person may not have started the way they are but they became that way and you can develop those strengths too.

You may not agree with everything that person thinks or does, but there is one trait of character or aspect of their lives that you really think they execute well.

- 1. Write the names of the people who you'd like to model in their area of strength under '*Personality*'**
- 2. Write the words they say under '*Power Phrase*' that exudes the confidence that you want to imitate.**

Throughout the day ask yourself, how this person would handle the situations you find yourself in and do that.

- i. What would they say? Speak like that
- ii. How would they act? Act like that

Please watch the corresponding video to implement this exercise:

**'M1 - L3 - GRAVITY - 2 Your EPIC Identity -
Discover Who You Really Are, What You Can Do and Have In Christ -**



Personal	Personality	Power Phrase
Emotions		
Confidence		
Relationships		
Influence		
Generous		
Kind		
Patient		
Self-Control		
Joy		
Peace		

Professional Skills	Personality	Power Phrase
Business Acumen		
Speaking		
Sales		
Marketing		
Management		
Leadership		
Knowledge / Wisdom		



Physical	Personality	Power Phrase
Physique		
Ability		
Energy		

