

“HOW TO BUILD YOUR SUCCESS BLUEPRINT AFTER THE SAME BLUEPRINT AS THE SUCCESSFUL” (EXERCISES)

“This Stuff MAKES The Good Stuff ACTUALLY Work” Mr D.

I.KNOW What You Want To Achieve With Your Business

A STUDY WAS CONDUCTED IN A WORLD FAMOUS UNIVERSITY IN THE UNITED STATES. THEY ASKED STUDENTS A SERIES OF QUESTIONS AND YEARS LATER BROUGHT THOSE STUDENTS BACK TO THE UNIVERSITY TO SEE HOW THEY WERE GETTING ON. THE QUESTION THEY ASKED THE STUDENTS WHICH IS OF PARTICULAR INTEREST TO YOU AND I WAS;

DO YOU HAVE WRITTEN GOALS?

3% OF THOSE STUDENTS ANSWERED YES! IT TURNS OUT THAT THOSE 3% WERE WORTH MORE IN FINANCIAL TERMS THAN THE OTHER 97% WHO DID NOT HAVE WRITTEN GOALS COMBINED!

How Much Money Do You REALLY Want?

Not How Much You Think You'll Make!



What Do You Want It for?

New House, Car, Boat, Clothes, Watch, Pay Off Debt, Frequent Trips Abroad, New Hobby?



The Purpose of Your Money

After You Have All Your Needs & Desires, What Would You Do With The Money You Make,
Who Do You Want To Help, What Causes Do You Believe In?



How Much Money Do You Want left AFTER You've Done All That?

FINANCIAL
GOALS

+

EXPENSES

=

INCOME

ONCE YOU HAVE DETERMINED HOW MUCH MONEY YOU WANT TO EARN:



Write this amount in large figures



Write the date you intend to have it



Write it on a pocket size card



Carry It with you, read it frequently to yourself, think about it, imagine yourself already in possession of your accomplished goal.

2. INSPIRE & MOTIVATE YOURSELF ON A DEEP EMOTIONAL LEVEL

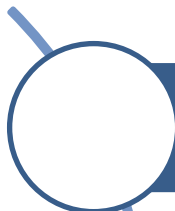
VISION BOARDS

AS A HUMAN, THE MOST SOPHISTICATED OF YOUR FIVE TRADITIONAL SENSES IS VISION, AND THE INTERNALIZED VERSION IS WHAT WE CALL VISUALIZATION.

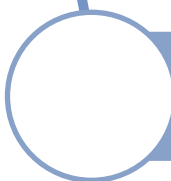
WHEN SOMETHING THAT WE WANT COMES INTO OUR VISUAL FIELD (WHETHER IT'S SOMETHING WE'RE ACTUALLY SEEING OR IT'S SOMETHING WE'RE IMAGINING IN OUR MINDS) IT TRIGGERS A SEQUENCE OF CHEMICAL PROCESSES THAT ARE HIGHLY MOTIVATING TO US.

WHEN YOU COMBINE THE VISION BOARD WITH THE STRATEGY OF ALIGNING THE TYPE OF REWARD YOU'RE SEEKING WITH THE TYPE OF EFFORT AND RESULTS THAT YOU NEED TO PRODUCE, IT BECOMES VERY POWERFUL.!

GO TO "GOOGLE IMAGES" AND CREATE A COLLAGE OF IMAGES:



Remember to choose goals that will actually be purchased with money



Select images zoomed in on your favourite part of the goal for extra motivation



Print it and place it somewhere you'll see it often

(USING THE "PRINT SCREEN" FUNCTION IN WINDOWS OR THE SHIFT+COMMAND+4 COMBINATION ON A MAC)

2. INSPIRE & MOTIVATE YOURSELF ON A DEEP EMOTIONAL LEVEL

AFFIRMATIONS

MOST PEOPLE, LIKE MYSELF, WHO HAVEN'T GROWN UP IN A CONTEXT OF ABUNDANCE AND FINANCIAL SUCCESS, HAVE UNCONSCIOUS BELIEFS, ALONG WITH "SELF-TALK" GOING IN THEIR HEADS, THAT PREVENTS THEM FROM FEELING LIKE IT'S OK TO EVEN WANT TO ACHIEVE ULTRA-HIGH LEVELS OF SUCCESS.

AFFIRMATIONS IS AS A EXTREMELY EFFECTIVE WAY OF CHOOSING OUR BELIEFS.

IF WE REPEAT A PARTICULAR PHRASE TO OURSELVES, AND CONSIDER WHAT IT MEANS, AND WE DO IT A COUPLE OF TIMES A DAY FOR WEEKS OR EVEN MONTHS, IT WILL HAVE A BIG EFFECT ON OUR MOMENT-TO-MOMENT THINKING. SOME OF THE MOST POWERFUL BELIEFS THAT WE CAN "INSTALL" WITH AFFIRMATIONS HAVE TO DO WITH OUR DESERVING OF ACHIEVING AND GETTING THE THINGS WE WANT IN LIFE.

IT CAN FEEL A LITTLE BIT "WEIRD" TO USE AFFIRMATIONS IF YOU HAVEN'T WORKED WITH THEM BEFORE. BUT JUST LIKE ANYTHING ELSE IN LIFE THAT'S NEW, AFTER YOU'VE DONE IT A FEW TIMES, IT WILL START FEELING NORMAL AND NATURAL, AND YOU CAN JUST GET ON WITH IT.

Write Down The Beliefs You Want To Install:

START WITH THESE BELOW



"I DESERVE to LIVE an EPIC Life"

"MONEY COMES EASILY AND FREQUENTLY IN INCREASING QUANTITIES"

IMAGINE WHAT AN EPIC LIFE WOULD BE FOR YOU AND WHAT IT WOULD FEEL LIKE TO ACTUALLY LIVE THAT LIFE...**TRY DOING 5 MINUTES A DAY OF AFFIRMATIONS**, AND WATCH THE EFFECT IT HAS ON YOUR MOTIVATION AND ACTION IN LIFE.